

# CPE body therapy workshops

## Learn all about the pelvic girdle



- The generation of root causes
- Sacral misalignments
- Innominate rotations & hip flexors
- The Psoas/diaphragm links
- 4th & 5th lumbar disc protrusions
- Pelvic balance and the Quadratus Lumborum

**Venue:** Brisbane—17 Waterford Place Bridgeman Downs. Sat 7th & Sun 8th Nov 2015  
 Central Coast NSW—102 Pacific Highway, Wyong Sat 28th & Sun 29th Nov 2015  
 Sydney—The Centre, Frances Street, Randwick. Sat 14th & Sun 15th Nov 2015.  
 Melbourne— Neighbourhood House, 7 Greenwood Street, Burwood Sat 28th & Sun 29th Nov 2015  
 Adelaide—Eternal Spirit, 100 Goodwood Road, Goodwood Sat 14th & Sun 15th Nov 2015  
 Perth—Epiphany Retreat Centre, 50 Fifth Avenue, Rossmoyne Sat 21st & Sun 22nd Nov 2015  
 Yallingup WA—84 Koorabin Drive Yallingup, near Dunsborough, Sat 31st Oct Sun 1st Nov 2015

**Times** **Day 1:** Skill Refining (SR) 8am—12noon, workshop 1pm—6pm **Day 2** 8am—6pm

**Cost:** \$400 (including SR) Suitable for Continuing Professional Education—*For discounts see "CPE MODULES"*

**Closing date:** 15th Oct Bris, Syd & Ade. 1st Nov Perth, Central Coast & Melb

Academy of Integrated Therapies, P.O Box 2065, Chermside Centre Q. 4032 Ph 07 3172 7761 [www.aoit.com.au](http://www.aoit.com.au)

### ELECTRONIC ENROLLMENT FORM—PART

Fill in the relevant fields, save and then attach it to your email back to us to [info@aoit.com.au](mailto:info@aoit.com.au) or print out and mail to the above postal address

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PAYMENT: CHEQUE Payable to **Academy of Integrated Therapies Trust** DIRECT DEPOSIT NAB BSB: 084150 A/C: 840160576

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Place attending \_\_\_\_\_

Please note that a typed name is equivalent to a signature